

# EXPLORE THETH



## Theth , Albania

The inimitable beauties of this village mountain in the heart of the Albanian Alps make Theth take a seat important in nature and Albanian tourism.

“  
**Mountains,  
Nature,  
Crystal water**  
”



IN THE DEPTH OF  
ALBANIAN ALPS



MONUMENTS  
NATURAL, UNIQUE



BIO FOODS  
OF THE AREA

# INFORMATION GENERAL



- 01** Duration: 3 Days
- 02** Age: Over 18 years old
- 03** Starts in TIRANA Ends in TIRANA
- 04** Eco - Nature - Culinary
- 05** Time appropriate: May - October
- 06** Prepared by: K.Lika
- 07** CODE: 4/9

# INFORMATION

## DAY 1

# START

### **DAY 1: Tirana – Shkoder – Theth**

- ✓ Departure from Tirana at 09:30
- ✓ Coffee Break; The pedestrian of Shkodra
- ✓ Departure to Theth, Accommodation in Theth in hostels
- ✓ Dinner

# INFORMATION

## DAY 2

## Stone baths Blue eye Grunas Canyon

### Dita 2: Stone baths – Blue eye – Grunas Canyon

- ✓ Breakfast in the guesthouse
- ✓ From the inns in Nderlys, the Stone Bathtubs and the Blue Eye
- ✓ Return to Guesthouse
- ✓ E Leisure, Lunch or Picnic Lunch
- ✓ Experience Nature
- ✓ Dinner in the guesthouse

# INFORMATION

## DAY 3

## The Tower of Solitude Grunas Waterfall Tirana

### Day 3: Loneliness Tower - Grunas Waterfall - Tirana

- ✓ Breakfast in the guesthouse
- ✓ Visit to Grunas Waterfall and Churches
- ✓ Visit to the Tower of Solitude
- ✓ Departure for us Shkodra
- ✓ Lunch at the "Tradition in Shkodra"
- ✓ Return to Tirana

# TRADITIONAL FOODS



**CHEESE**



**LAMB MEAT**



**FLI**



**LAKROR**

# INFORMACION



## Clothing, Climate, Hiking etc:

- Hiking Shoes / Sneakers - should be flat and fit
- Clothing - during the day wear warmth so recommended shorts, pants and blouses
- Dressing - You should get something with long wings for dinner as temperatures go up to 4 degrees at night. During the time we can set a fire out you will need it
- Have 2-3 cotton T-shirts that you can change while you are cooling off
- Bathrobes, for those who prefer to cool in the cold water of Thethi
- Camera to memorize beautiful moments
- Small backpack
- Empty 0.5 L bottle to fill water from time to time through springs
- A smiling face

## Specifications from Theth Guide

- Food will be a common package that is characteristic of the area. Most notably the village products worth noting: the Lamb, the Kid in Hell, the sacrifice and the Black Maza.
- The guide will be ready for an affordable walk
- Schedules on this itinerary can have a volatility of up to 1 hour difference, because the shipping time cannot be accurately determined.
- The rules of the group are mandatory to be adhered to best by each member to get the best possible
- The rooms, not all are equipped with toilet inside, but they have an adjacent one. Sleeping is not always double room, this is resolved with agency.



**3 Day Guide**



1. Transportation according to schedule



2. Accommodation 2 nights in Guesthouse



3. 2 Breakfast, 3 Lunch, 2 Dinner



4. The accompanying guide



5. Transport of Theth area - Ndërlysa



6. Tickets to the Tower of Solitude



**Thank you!**